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(54) **METHODS AND INSTRUMENTATION FOR VERTEBRAL INTERBODY FUSION**

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(58) **Field of Search** ..... 606/90, 105, 86; 623/17.11, 17.12, 17.13, 17.14, 17.15, 17.16

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(57) **ABSTRACT**

Methods and instrumentation particularly adapted for disc space preparation for insertion of implants from an anterior approach to the spine are provided. The instruments include a guide sleeve defining a channel having overlapping cylindrical working channel portions and lateral non-distracting extensions extending from reduced thickness wall portions. The guide sleeve has an overall reduced width configuration. A pair of distractors are provided. A first distractor includes a shaft and distal tip, and the second distractor includes a shaft and distal tip. The first and second distractors can be used with the guide sleeve. Methods using the disclosed instruments are also provided.

**19 Claims, 41 Drawing Sheets**

